Questions and Answers about

Hepatitis B

Q What is hepatitis B?

A Hepatitis B is a serious liver disease caused by a virus. The virus enters the blood stream, attacks the liver, and can cause illness and even death. Sometimes the virus can stay in the body for a lifetime and cause ongoing liver damage, including liver cancer.

Q How is it spread?

A Hepatitis B can be spread by coming in contact with an infected person's blood; for example:

- Living with someone who is infected with hepatitis B
- Being infected during birth (mother to baby)
- Having sex with an infected person
- Sharing toothbrushes and razors
- Sharing needles for street drug use, body piercing or tattooing.

Q What are the signs and symptoms?

A Some infected people never fell sick, but the y can still infect others and many develop severe liver disease. Other people are sick for several months. Common signs and symptoms of hepatitis B are:

- Yellowing of skin and eyes
- Headaches

• Loss of appetite

• Feeling like throwing up

• Fever

Q How can you prevent it?

A • Get vaccinated against hepatitis B.

- Use a condom or latex barrier when you have sex.
- Don't share personal articles such as needles (syringes), razors, toothbrushes, earrings or any item that may have even small amounts of blood on it.

Q Why should you get vaccinated?

A • Vaccination is the best protection against hepatitis B infection.

• Hepatitis B vaccination is required before daycare, kindergarten and 7th grade.

Q Where can you get vaccinations?

A • Adults should ask your health care provider about the vaccine.

• To find out where children can get free vaccinations, please call: **1-800-427-8700.**

9/00

Your local Public Health Center is:

